

Relationship and Sex Education Policy

Fletewood School

1. Implementation

Implementation of this policy began in April 2021.

2. Rationale

‘You shall love your neighbour as yourself.’ Mark 12:31

We are involved in relationships and sex education precisely because of our Christian beliefs about God and about the human person. The belief in the unique dignity of the human person made in the image and likeness of God underpins the approach to all education in our School. Our approach to RSE therefore is rooted in the Adventist Church’s teaching of the human person and presented in a positive framework of Christian ideals.

At the heart of the Christian life is a loving relationship with God, which embraces all people and creation. As a consequence of the Christian belief that we are made in the image and likeness of God, gender and sexuality are seen as God’s gift, reflect God’s beauty and share in the divine creativity. RSE, therefore, will be placed firmly within the context of relationship as it is there that sexuality grows and develops.

3. Values

Our programme encompasses values relating to the importance of stable relationships, marriage and family life. We also promote God’s call to love others with a proper respect for their dignity and the dignity of the human body. The following will be explored and promoted:

School Values - Respect, Happiness, Resilience, Compassion, Co-operation.

Fundamental British Values - democracy, rule of law, individual liberty, mutual respect for and tolerance of those with different faiths and beliefs and those without.

4. Aims

Through the provision outlined in this policy we also aim to raise pupils’ self-esteem and confidence, trying to develop communication and assertiveness skills that can help them stay true to their values if challenged by others, their peers or what they see in the media. We hope to teach pupils to be accepting of the different beliefs, cultures, religions, sexual orientations, physical and mental abilities, backgrounds and values of those around them. We want our pupils to lead a healthy and safe lifestyle, teach them to care for and respect their bodies and provide them with all the right tools that will enable them to seek information or support, should they need it, both during their school years and after.

5. Objectives

To develop the following attitudes:

- respect for the dignity of every human being – in their own person and in the person of others;
- joy in the goodness of God's creation;
- responsibility for their own actions and a recognition of the impact of these on others;
- recognising and valuing their own identity and that of others;
- recognising the importance of healthy relationships, marriage and family life;
- an understanding that while people may hold different views of right and wrong, all people living in England are subject to its law; and
- the ability to articulate and justify personal opinions without condemning others or being condemned.

To develop the following personal and social skills:

- making good choices which have integrity and are respectful of the rights of others;
- loving and being loved and the ability to form friendships and loving, stable relationships free from exploitation, abuse and bullying;
- managing emotions within relationships and when relationships break down, with confidence, sensitivity and dignity;
- managing conflict positively, recognising the value of difference;
- cultivating humility, mercy and compassion, learning to forgive and be forgiven;
- developing self-esteem and confidence, demonstrating self-respect and empathy for others;
- building resilience and the ability to resist unwanted pressures, recognising the influence and impact of the media, internet and peer groups and so developing the ability to assess pressures and respond appropriately;
- learning to make choices that minimise the risk to health and personal integrity.

6. Outcomes

To develop pupils into individuals who know how to act responsibly and who are capable of becoming more independent as they grow older while knowing the value and importance of making a positive impact on the lives of other people. (Independent School Standards – April 2019 – Section 3.12)

The school works hard to ensure that all aspects of the school curriculum are inclusive and support the needs of pupils of all ranges of abilities. Staff should differentiate lessons to ensure that all members of the class can access the information fully, and this is no different when it comes to RSE.

The Bible commands followers of Christ to love everyone. Created in the image of God, they must be treated with dignity and respect. This includes all people. Acts of

ridicule, abuse or bullying towards any person are incompatible with the biblical commandment, 'You shall love your neighbour as yourself.' (Mark 12:31).

7. Content

There are five aspects of RSE:

- families and people who care for me
- on-line relationships
- being safe
- caring friendships
- respectful relationships

The programme is continual and developmental, allowing learning needs to reflect each stage of the child. Since we are committed to the education of the whole child, teaching on relationships is cross-curricular, using SMSC and PSHE. It is integrated, with the School working in partnership with parents to give pupils a consistent message about the meaning and value of human relationships. The School will ensure that pupils are given a broad and balanced RSE programme which provides them with clear, factual, scientific information when relevant and meets the statutory requirements.

8. Consultation

The following were consulted with regards to the development of this policy:

- School Council
- Parents and Carers
- Staff
- Governing Body
- British Union Conference of Seventh-day Adventist
- South England Conference

We recognise that parents (and other carers who stand in their place) are the primary educators of their children.

We aim to provide a safe and supportive school community where pupils feel comfortable seeking help and guidance on anything that may be concerning them about life either at school or at home. Training around confidentiality will be provided to all teachers.

It may be the case that discussion around what is acceptable and not acceptable in relationships may lead to the disclosure of a child protection issue. If this is the case, the school's **child protection and safeguarding procedure** will be followed.

The school aims to keep parents informed about all aspects of the RSE curriculum and urges parents to read this policy. The school will do everything it can to ensure that parents are comfortable with the RSE education provided to their children in school, within the boundaries of the statutory requirements.

Parents have the right to withdraw their children from any elements of sex education the primary school chooses to teach but **not** from the relationships education curriculum.

9. Balanced Curriculum

We will ensure that pupils are offered balance by providing an RSE programme that offers a range of viewpoints on issues. Pupils will also receive clear scientific information (including anatomically correct names for body parts) as well as covering the aspects of the law pertaining to RSE. We actively promote principles that develop tolerance and harmony; this is not incompatible with our belief and faith.

10. External Visitors

We may invite guest speakers into school to talk on issues related to sex and relationships. It may be the case that the subject under discussion is better coming from an expert or experienced health professional who can challenge pupil's perceptions. A teacher will be present throughout these lessons. Visitors will be given a copy of this policy and expected to comply with the guidelines outlined within it.

11. Responsibilities

All staff have a responsibility of care; as well as fostering academic progress, they should actively contribute to the guardianship and guidance of the physical, moral and spiritual well-being of the pupils. All teachers will be expected to teach RSE in accordance with the ethos of the Seventh-day Adventist Church and the statutory guidelines. Appropriate training will be made available for staff teaching RSE.

12. Controversial or Sensitive Areas and Children's Questions

Staff training will include sessions on how to deal with difficult questions. There may still be times when staff are faced with a difficult question in class that they feel uncomfortable or ill equipped to answer. In this case, they may wish to put the question to one side and seek advice.

Ground rules in class are essential when discussing sensitive subject matter. Some strategies staff may use to support this might be:

- an anonymous question box; this will enable pupils to feel more comfortable to ask questions without being identified
- making the classroom a safe zone; we hope this will give pupils the sense that they are in a safe zone to speak freely about sex and relationships.

13. Supporting Pupils who are at Risk

Children will also need to feel safe and secure in the environment in which RSE takes place. Effective RSE will provide opportunities for discussion of what is and is not appropriate in relationships. Such discussions may well lead to disclosure of a safeguarding issue. Teachers will need to be aware of the needs of their pupils and act

quickly to address any safeguarding issues in accordance with our safeguarding policy.

14. Confidentiality and Advice

All governors, all teachers, all support staff, all parents and all pupils are made aware of this policy, particularly as it relates to issues of advice and confidentiality.

Pupils will be encouraged to talk to their parents about the issues which are discussed in the programme. Teachers will always help pupils facing personal difficulties and inform the SLT, to ensure a whole-school approach.

15. Monitoring and Evaluation

The school will review this policy annually, evaluating its effectiveness by taking into account feedback from pupils, staff and parents, as well as what has come to light through classroom observations, governor visits and information we receive from national reports and curriculum reviews.

16. Relationship to other Policies and Curriculum Areas

This policy works in conjunction with the following policies:

- Accessibility Plan
- Admission Policy and Procedures
- Anti-bullying
- Behaviour
- Child Protection and Safeguarding
- Confidentiality
- Counter Cyber-Bullying
- Curriculum
- Equal Opportunities
- E-Safety
- Foundation Stage
- ICT Acceptable Use
- PSHE & SMSC
- Race Equality
- Staff Development
- Teaching and Learning

Policy Date May 2025

Review May 2026